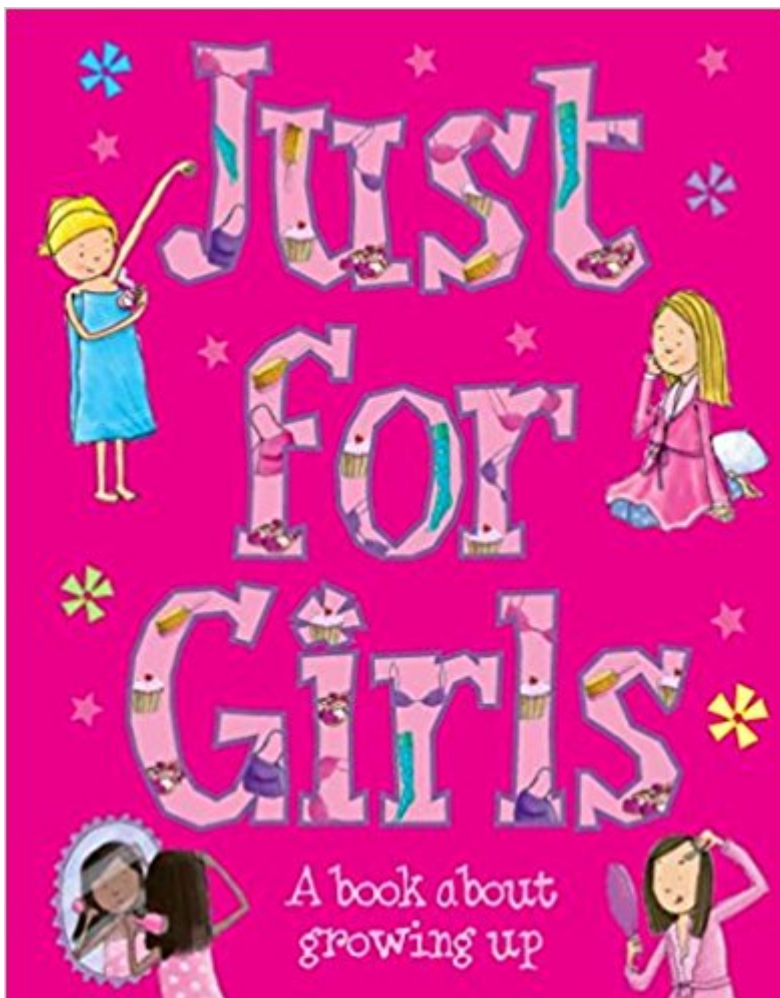


The book was found

Just For Girls



Synopsis

Growing up is a whole lot easier if you know what to expect! This just for girls book explains puberty in an easy-to-understand and straightforward way that's perfect for explaining what can be a scary time. Packed with advice, tips, facts, and a special Q&A section, this book makes an ideal gift for your young one.

Book Information

Spiral-bound: 96 pages

Publisher: Parragon Books; Spi edition (September 15, 2008)

Language: English

ISBN-10: 1407515713

ISBN-13: 978-1407515717

Product Dimensions: 6.4 x 0.7 x 7.7 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 43 customer reviews

Best Sellers Rank: #118,015 in Books (See Top 100 in Books) #65 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse](#) #768 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Girls & Women](#)

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

Lee Wildish became interested in illustration and art at a very young age. As soon as he graduated from the University of Nottingham he started working as a graphic designer for an advertising agency, learning the ins and outs of graphics and corporate literature. Several years later he ventured into greeting cards, where he produced illustrations and design concepts from inception through completion. Lee now loves to illustrate children's books and adds humor to his work whenever possible. He believes that there is nothing more warming than seeing people enjoying a published book that he has illustrated. Lee now lives in Nottingham, England.

Great book for explaining the changes of life to young girls. Got this as a recommendation from another friend, and I've been very pleased. The first 3/4 of the book are great about explaining body changes, mood changes, and the feelings that come along with changing from a young girl to a

young lady. The last 1/4 of the book deals more with menstruation and boys, so if you aren't ready for that conversation with your daughter, you may want to hold off.

I have a ten year old girl who is developing and curious. This book helped to answer all of her questions and begin a good mother/daughter conversation for us. The illustrations are great. They are age appropriate and not too graphic. Great book. I'm going to use this when my 5 year old is old enough to begin this conversation.

The "Just for Boys" book has been perfect for several boys that I know. I browsed bookstores looking for something similar for girls. (I was gravely disappointed by nearly all of the books. Even though they are geared for childhood girls, the focus on sexually transmitted diseases, the sex-trade industry, and one included illustrated drawings of sexual positions. My opinion is that this is TMI).
Overview: This book talks about periods, puberty and has cross-sections diagrams of the insides of the sex organs. It talks about what boys go through during puberty, as well as girls. It follows periods, puberty, and emotions/relationships.
What's great:
1. Wide range of topics, from nutrition to relationships to periods.
2. Drawings are age-appropriate and light-hearted.
3. Tabs let you flip to, "Body Talk," "Your Health," "Your Emotions," "Boy Stuff" and "Got a Problem?".
What's missing:
1. The biggest disappointment: the birds-and-the-bees are not in this book (sperm & egg, and the basic act of sex)
2. "Just for Boys" includes illustrations of male and female bodies at various stages of life, from baby to adulthood. This is helpful for curious kids without being erotic.
3. Discrepancy on dating: early in the book they say that you don't need to date as a tween. Later in the book, in the Q&A section, they give dating advice. (My teacher bias is coming out here: I see tweens distracted and damaged by dating when their developmental stage should be self and world exploration).
Summary: I like this book, it's helpful, but I am still needing a birds-and-the-bees resource that I can recommend for parents and friends.

I don't write reviews but this book really warranted one....This book is so degrading to girls/women. I was saddened that girls are given this book to help them understand life changes. The author often uses the term "unfortunately" and "sadly" when it comes to describing things out of a girls control like her breast size...She says "Sadly, you don't have much control over x,y,z." Very disempowering message. Then...she says about PMS "If you feel weepy and super sensitive, try not to shout and scream at some poor innocent person, just because you're feeling short tempered." Really!!?? I'm going to tell my 10 year old that! But the worst offense I read, and then I had to close the book and

send it back was this...."IF YOU ARE UNLUCKY enough to be among the minority of women who hate this time of the month bc you feel sluggish, bloated, irritable, emotional, and generally sore, try to remember that your periods will probably become easier in a few year." What can I say about that line?Because the majority of women LOVE feeling sluggish, bloated and emotional...???"Most boys can't understans this constant drive girls have to obtain a perfect body shape.. Believe it or not, boys don't just stare at one point of your anatomy. Boys look at the whole package."Any parent can do better than this book...

I purchased this for my 2 daughters and they love it. This book made them open up to me more and ask questions.

This book has taught me alot as well as teaching my 10 year old

Gift for granddaughter. Very informative!

My 11 year old LOVES this book. She's even lended it to her friend a couple times.

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